
Dynamic Marketing Strategies and Consumer Retention during the 2016 and 2020 Recessions in Nigeria

Mohammed Aminu Bello

*Department of Business Management, Faculty of Management Sciences
Bayero University Kano – Nigeria.*

Corresponding Author: mabello.bus@buk.edu.ng

Abstract

This study investigates how firms in Nigeria strategically deploy dynamic marketing strategies to retain consumers during periods of economic recession, specifically the 2016 and 2020 downturns. The problem addressed is the limited empirical understanding of how consumer-facing firms in emerging markets adapt their marketing approaches in response to recession-induced shifts in consumer behaviour. Guided by the Dynamic Capabilities Theory and the Resource-Based View, the study examines the mediating role of consumer behaviour and the moderating influence of organisational capabilities on the relationship between dynamic marketing strategies and consumer retention. Primary data were collected through a structured questionnaire administered to 258 marketing professionals across the fast-moving consumer goods (FMCG), telecommunications, and retail sectors. Structural Equation Modeling (SEM) was employed for analysis. Results show that dynamic marketing strategies significantly improve consumer retention, with stronger effects observed when mediated by adaptive consumer behaviour and supported by robust organisational capabilities. Sectoral insights reveal that FMCG and telecom firms benefit most from agile, digitally enabled marketing tactics. The study recommends that firms invest in marketing agility, consumer analytics, and cross-functional integration to remain resilient during economic downturns. It concludes that sustained consumer loyalty in recessionary environments depends on the alignment of strategic responsiveness with both consumer expectations and internal capabilities.

Keywords: Consumer behaviour, Consumer retention, Dynamic marketing strategies, Economic recession, Nigeria, Organisational capabilities, Structural equation modeling.

1. Introduction

Nigeria's economy has experienced significant turbulence in the past decade, marked by two major recessions in 2016 and 2020. The 2016 recession was largely driven by a collapse in global oil prices affecting government revenues, exchange rates, and investor confidence, while the 2020 recession was triggered by the COVID-19 pandemic and subsequent lockdown measures that disrupted business operations and consumer

livelihoods. These economic shocks led to a contraction in GDP, rising inflation, increased unemployment, and a marked decline in household purchasing power (National Bureau of Statistics [NBS], 2021; World Bank, 2022).

In such recessionary contexts, Nigerian businesses, particularly those in consumer-facing sectors like fast-moving consumer goods (FMCG), telecommunications, and retail have been forced to adapt rapidly to survive. Unlike

developed markets where social safety nets and structured credit markets cushion consumer behavior, Nigerian consumers respond to economic downturns by becoming extremely price-sensitive, reducing brand loyalty, and prioritising essential over luxury purchases (Ang, 2001; Nduka & Nwachukwu, 2021). These behavioural shifts require firms to realign their marketing strategies in ways that resonate with prevailing market realities.

However, traditional marketing models, which are often rigid and long-term focused, may not adequately address the unique volatility of Nigeria's macroeconomic environment. Instead, firms must embrace dynamic marketing strategies characterised by pricing flexibility, real-time digital engagement, localised promotions, and product innovation to retain their consumer base. For instance, "*sachetisation*" of consumer goods, personalised SMS offers by telecoms, and the growing use of *WhatsApp* and social media as marketing tools are Nigerian-specific responses to consumer strain during downturns (Nwosu & Onoyima, 2020).

While anecdotal evidence points to the effectiveness of these approaches, empirical research on how dynamic marketing strategies translate into consumer retention in Nigeria's recession-prone economy remains limited. Even less is known about how internal organisational capabilities, such as agility, innovation, and data responsiveness shape the effectiveness of these strategies, or how changes in consumer behaviour mediate outcomes.

This study seeks to fill these gaps by examining how Nigerian firms adapted their marketing strategies during the 2016 and 2020 recessions and how these strategies influenced consumer retention. Specifically, it investigates: (i) the direct effect of dynamic marketing strategies on consumer retention; (ii) the mediating role

of recession-induced changes in consumer behaviour; and (iii) the moderating role of organisational capabilities in shaping strategic effectiveness.

By focusing on the Nigerian business environment, characterised by informal market systems, limited access to consumer credit, infrastructural gaps, and cultural diversity, this study offers contextually grounded insights. The goal is to provide actionable recommendations for Nigerian firms and policy-makers seeking to build resilient, customer-centric strategies in the face of future economic shocks.

2. Literature Review

This section reviews relevant literature on dynamic marketing strategies, consumer retention, organisational capabilities, and recession-induced consumer behaviour. It also contextualises these concepts within Nigeria's economic landscape and presents the hierarchical development of study hypotheses.

2.1 Dynamic Marketing Strategy and Consumer Retention

Dynamic marketing strategies are characterised by the real-time adjustment of marketing mix elements of product, price, place, and promotion to respond to environmental shocks such as economic recessions (Challagalla, Murtha, & Jaworski, 2014; Kamboj, Goyal, & Rahman, 2022). These strategies emphasise agility, responsiveness, and innovation in the face of uncertainty.

In recession-prone economies like Nigeria, where consumer demand contracts and price sensitivity increases, firms in the fast-moving consumer goods (FMCG) and telecommunications sectors have adopted context-specific strategies. These include the "*sachetisation*" of products, mobile-based discount campaigns, and flexible bundling offers (Adegbola & Oyediran, 2022). Recent studies by Bolarinwa and Salau (2023) show that adaptive promotional

campaigns and community-level engagement improved brand loyalty during economic shocks.

The literature affirms that firms exhibiting marketing agility during downturns are more likely to retain customers than those relying on static models (Gligor, Holcomb, & Feizabadi, 2020; Osakwe, 2021). This leads to the first hypothesis:

H1: Dynamic marketing strategy configurations have a significant positive effect on consumer retention during economic recessions.

2.2 Moderating Role of Organisational Capabilities

Organisational capabilities refer to the firm's internal competencies, such as strategic foresight, technological agility, and cross-functional integration that enable the effective execution of marketing strategies (Teece, Peteraf, & Leih, 2016). These capabilities help firms interpret market signals, reconfigure resources, and implement tailored marketing responses during volatile periods.

In the Nigerian context, organisations with robust digital infrastructure and decision-making autonomy have been found to outperform their peers during economic disruptions (Uzonwanne & Alabi, 2022). For instance, telecom operators such as MTN Nigeria leveraged real-time data analytics to personalise offers, while FMCG brands streamlined distribution chains to improve reach during lockdown-induced recession.

Studies by Okorie and Ibrahim (2023) indicate that Nigerian firms with high levels of adaptive capacity experienced stronger customer retention, regardless of sector. These findings align with global research (e.g., Hsu et al., 2021) showing that dynamic capabilities enhance the effectiveness of marketing strategies in crisis situations.

Thus, the second hypothesis is stated as:

H2: Organisational capabilities significantly moderate the relationship

between dynamic marketing strategies and consumer retention during economic recessions, such that the relationship is stronger for firms with higher levels of organisational capabilities.

2.3 Mediating Role of Consumer Behaviour

Consumer behaviour shifts drastically during economic downturns, typically characterised by value-seeking, brand-switching, reduced loyalty, and reliance on necessity-based spending (Sheth, 2020; Ahmed & Hassan, 2023). In Nigeria, these patterns have been widely observed, especially during the 2016 and 2020 recessions, when consumers sought lower-priced alternatives, postponed non-essential purchases, and became more responsive to discounts and promotions (Aderemi et al., 2022).

Firms that recognise and respond to these behavioural shifts tend to retain customers more effectively. Evidence suggests that empathetic and value-driven marketing, such as culturally sensitive messaging and affordability campaigns helped Nigerian brands connect with their consumers during recession periods (Eze & Maduka, 2021).

Sheth (2023) asserts that recession-induced behaviour acts as a mediating force between marketing actions and consumer loyalty, emphasising the psychological and economic motivations behind purchase decisions in downturns.

This informs the third hypothesis:

H3: Changes in consumer behaviour during a recession mediate the relationship between dynamic marketing strategies and consumer retention.

2.4 Sectoral Variation in Strategy Effectiveness

The success of marketing strategies during recessions often depends on sectoral characteristics such as customer base, service delivery mode, and regulatory environment (Wang & Kim, 2021). In Nigeria, for instance, the FMCG sector adopted grassroots distribution and price

reframing strategies, while telecoms relied on digital channels and data bundling (Ogbechie & Anetor, 2022).

Sectoral responsiveness is not uniform. Adebayo and Ekeh (2023) found that retail firms in urban Nigeria had limited agility due to inventory constraints and fixed overheads, while telecom and FMCG companies showed higher adaptability and retention metrics. Furthermore, Adigun and Okon (2021) demonstrate that firms in more tech-integrated industries tend to leverage consumer data and behaviour analytics more effectively than traditional retail operators.

However, cross-sector comparative studies in Nigeria remain sparse. Therefore, the fourth hypothesis is stated as:

H4: The effectiveness of dynamic marketing strategies on consumer retention differs significantly across industry sectors (FMCG, telecommunications, and retail) in Nigeria.

This literature review integrates theory and practice by positioning the four hypotheses within Nigeria's socio-economic and recessionary context. It highlights the interplay between dynamic marketing strategies, consumer behaviour, organisational capabilities, and industry-specific characteristics in shaping consumer retention during economic downturns. While prior studies have established the relevance of strategic agility, behavioural responsiveness, and internal capabilities in sustaining customer loyalty during crises, empirical evidence from emerging economies like Nigeria remains limited. This study contributes to filling that gap by empirically examining these relationships using sector-level data and Structural Equation Modeling (SEM). In doing so, it bridges theoretical insights with practical realities, offering a context-specific framework for understanding how firms in

Nigeria can build marketing resilience and retain consumers during recessions.

2.5 Empirical Review

Empirical evidence supports the importance of dynamic marketing in recession contexts. Gligor et al. (2020) found that firms with high marketing responsiveness in turbulent environments retain more customers. Bolarinwa and Salau (2023) observed that agile pricing and hyper-local distribution enhanced retention for FMCG firms during Nigeria's COVID-19-induced recession.

Consumer behaviour plays a critical mediating role, as Sheth (2023) and Ahmed and Hassan (2023) highlight how behavioural shifts, like prioritising affordability and safety impact brand choices during downturns. Nigerian consumers, according to Eze and Maduka (2021), tend to reward firms that demonstrate empathy and cultural relevance in their communications.

Organisational capabilities have also been confirmed as critical, because Teece et al. (2016) and Uzonwanne and Alabi (2022) show that firms with real-time market sensing, innovation culture, and operational flexibility are better positioned to translate strategy into retention.

Finally, sector-specific studies reinforce that strategic outcomes vary across industries. Singh et al. (2021) and Okorie and Ibrahim (2023) found stronger consumer retention outcomes in telecoms and FMCG due to faster adaptation cycles and greater digital integration, compared to the retail sector.

2.6 Theoretical Framework

This study integrates Dynamic Capabilities Theory (DCT) and the Resource-Based View (RBV) to explain how firms tailor marketing strategies to sustain consumer retention during recessions.

2.8.1 Dynamic Capabilities Theory

DCT (Teece, Pisano & Shuen, 1997) posits that firms build resilience by

sensing, seizing, and transforming resources in response to environmental shifts. During recessions, marked by declining confidence and tightening budgets, these capabilities become crucial in marketing. Sensing enables firms to detect early signs of consumer stress; seizing empowers swift action, such as introducing relevant promotions; while transforming allows for realignment of structures and budgets, for example, shifting from traditional to digital marketing.

Additional recession-specific capabilities include adaptive pricing, rapid innovation (e.g., sachet packaging or digital delivery), empathetic messaging, and strategic digitalization. These guide marketing tactics that resonate with evolving consumer needs. However, in developing economies like Nigeria, firms face obstacles: limited resources, poor market data, entrenched norms, and weak leadership can impede capability deployment. Despite these challenges, firms that successfully develop and apply dynamic capabilities are better equipped to craft proactive marketing strategies and retain customers under stress.

2.8.2 Resource-Based View (RBV)

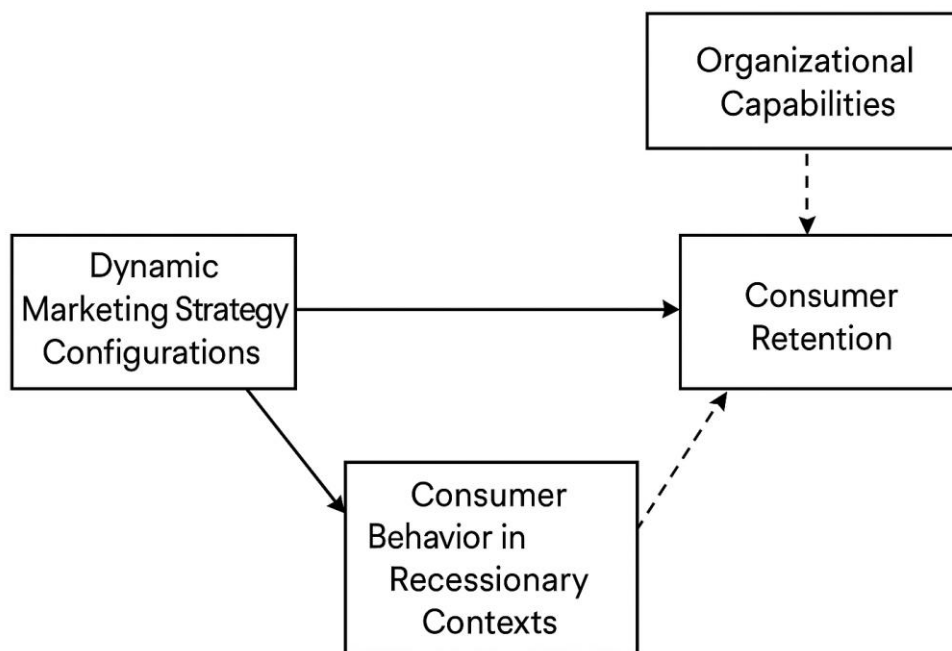
RBV (Barney, 1991) suggests that firms gain advantage from resources that are valuable, rare, inimitable, and non-substitutable (VRIN). In marketing, such resources include brand equity, customer insights, CRM, analytics, and tech infrastructure. For instance, deep customer knowledge enhances targeted

messaging; strong brand equity supports loyalty without undermining pricing; and proprietary data systems enable customized engagement. These resources underpin marketing strategies tailored to a firm's unique strengths, allowing for distinct and sustainable responses to recessionary pressures. By merging RBV with dynamic capabilities, the study argues firms must align internal resources with environmental sensing and responsive action. This theoretical combination explains why firms facing identical downturns may experience different retention outcomes rooted in their internal resource endowment and agility.

2.7 Conceptual Framework

The study's conceptual model integrates the core constructs of dynamic marketing strategies, organisational capabilities, and consumer behaviour and their inter-relationships, grounded in DCT and RBV. It provides a structured representation of how internal resources and capabilities, mediated by consumer responses, shape consumer retention outcomes, particularly within Nigeria's recession-prone consumer markets.

Figure 1: Structural Research Model



2.9 Conceptual Framework

The conceptual framework draws on Dynamic Capabilities Theory (Teece, 2007) to explain how firms use adaptive marketing strategies to sustain consumer retention in volatile economic conditions. Strategic responsiveness through pricing shifts, digital engagement, and promotional redesign enables firms to adjust quickly to recession-induced market turbulence. This forms the basis of the proposed positive relationship between dynamic marketing strategy configurations and consumer retention.

The mediating role of consumer behaviour is supported by insights from behavioural economics and recessionary psychology (Sheth, 2020), which emphasise that economic distress alters how consumers evaluate products, assign value, and maintain brand relationships. These behavioural changes influence how marketing actions are interpreted and whether they lead to loyalty or switching. Organisational capabilities function as a **moderator**, consistent with the Resource-Based View (RBV) (Barney, 1991), shaping the effectiveness of marketing

strategies. For instance, firms with strong market analytics or consumer insight systems are more likely to deploy marketing tactics successfully. Even when strategies are similar, differences in internal capabilities can lead to significantly different retention outcomes. The industry sector is included as a control variable, recognising that sectoral characteristics influence strategy effectiveness. For example, the FMCG sector focuses on price and accessibility, while telecom prioritises service continuity and digital experience (Jaworski & Kohli, 1993). These contextual nuances affect how dynamic marketing interventions perform.

This framework contributes to the literature in three key ways. First, it links marketing strategy to behavioural outcomes in recession-prone developing markets such as Nigeria, where empirical studies remain limited. Second, it operationalises the interaction between internal firm resources and external market conditions, thereby extending the application of the Dynamic Capabilities Theory (DCT) and the Resource-Based

View (RBV). Third, it incorporates both mediation and moderation mechanisms to capture how, and under what conditions, dynamic marketing strategies translate into consumer retention.

The framework serves as the foundation for hypothesis testing and provides managers with a diagnostic tool to align strategy with internal capabilities and consumer expectations in recessionary environments.

3. Methodology

This study adopts a quantitative research methodology to examine how firms reconfigure their marketing strategies during economic recessions and how such strategies affect consumer retention in Nigeria. Using Structural Equation Modeling (SEM), the research tests the relationships among dynamic marketing strategies, consumer behaviour, organisational capabilities, and sectoral context. The approach ensures rigorous analysis of mediating and moderating variables, aligning with the study's theoretical grounding in the Resource-Based View and Dynamic Capabilities Theory.

3.1 Research Design

A cross-sectional, explanatory research design is employed to capture insights from a broad respondent base at a single point in time. This design is suited for analysing the relationships among recession-era marketing strategies, consumer retention, and the role of organisational capabilities. A quantitative approach is selected for its ability to yield measurable, generalisable findings and to test the model empirically through structured data. The use of a survey aligns with the study's objective to understand how firms in consumer-facing sectors respond strategically to recession-induced challenges in Nigeria.

3.2 Population and Sample

The population of this study comprises marketing and business strategy

executives across three key sectors in Nigeria: Fast-Moving Consumer Goods (FMCG), telecommunications, and retail. These sectors were selected due to their critical role in consumer interaction and their susceptibility to shifts in consumer behaviour during economic recessions. According to data from the Nigerian Bureau of Statistics (NBS, 2023), there are approximately 2,300 registered firms operating formally within these three sectors nationwide, constituting the sampling frame.

A stratified random sampling technique was adopted to ensure proportional representation across the three sectors. From the population, a sample size of 350 respondents was determined using Cochran's formula for finite populations, ensuring a 95% confidence level and 5% margin of error. This sample was distributed as follows: 150 respondents from the FMCG sector, 100 from telecommunications, and 100 from the retail sector. The stratification ensured that insights reflect sectoral differences in strategic responses to recession-induced challenges.

3.3 Data Collection

Primary data is gathered using a structured questionnaire built on a 5-point Likert scale. The survey instrument includes four sections adapted from established studies: dynamic marketing strategies (Challagalla et al., 2014), consumer retention (Zeithaml, Berry, & Parasuraman, 1996), organisational capabilities (Day, 2011), and consumer behaviour (Ang, 2001). The questionnaire undergoes expert review and pilot testing to enhance validity. Reliability is evaluated using Cronbach's alpha, with values above 0.7 considered acceptable. This method allows consistent, scalable measurement of constructs relevant to marketing strategies during recessions.

3.4 Data Analysis Techniques

The study uses AMOS-based Structural Equation Modeling (SEM) to test the

proposed model. SEM is selected for its capacity to estimate complex relationships, including direct, mediating, and moderating effects. The analysis begins with descriptive statistics to profile respondents and understand data distributions. Confirmatory Factor Analysis (CFA) follows to assess construct validity. Hypotheses are then tested using path analysis within SEM. Multi-group analysis compares sectoral responses, offering insight into how marketing strategy effectiveness varies across FMCG, telecoms, and retail contexts.

3.5 Limitations

Although the methodology provides a strong basis for analysis, several limitations are acknowledged. The sampling frame, focused on formal sector firms, may omit informal businesses, limiting generalisability. While stratified sampling supports sectoral comparisons, it may underrepresent microenterprises. Response bias remains a concern, as self-reported data may reflect social desirability. Additionally, the cross-sectional design captures a snapshot in time, limiting understanding of how strategies evolve. To mitigate non-response, reminders and participation incentives were used to enhance response rates among target participants.

4. Discussion of Findings

This section discusses the empirical outcomes derived through Structural Equation Modeling (SEM), focusing on

how Nigerian firms reconfigure marketing strategies during economic recessions to maintain consumer retention. Anchored in the Dynamic Capabilities Theory and the Resource-Based View (RBV), the findings offer theoretical and practical insights. Consideration is also given to demographic features, potential non-response bias, and sectoral representation, which collectively strengthen the interpretability and relevance of the results.

4.2 Measurement Model Results – Reliability and Validity

The measurement model exhibited sound psychometric properties. Cronbach's Alpha values ranged from 0.85 to 0.91, confirming high internal consistency. Composite Reliability (CR) exceeded 0.87 across constructs, while Average Variance Extracted (AVE) surpassed the 0.50 benchmark, establishing convergent validity. Discriminant validity tests also confirmed distinctiveness between constructs. These results affirm the robustness of the measurement instruments and validate their application in the SEM framework for testing relationships among study variables.

4.3 Structural Relationships and Hypotheses Testing

The structural equation modeling (SEM) results show that all proposed hypotheses were statistically supported. Specifically, Dynamic Marketing Strategies (DMS) exerted a significant positive effect on Consumer Retention (CR) ($\beta = 0.32$, $p < 0.001$), as presented in Table 4.1.

Table 4.1: Structural Path Estimates and Hypothesis Testing

Hypothesised Path	Estimate (β)	Standard Error	p-value	Supported
DMS \rightarrow CR	0.32	0.04	<0.001	Yes
DMS \rightarrow CB \rightarrow CR (Mediation)	0.15	0.03	<0.001	Yes
DMS \times OC \rightarrow CR (Moderation)	0.28	0.07	0.008	Yes

This finding confirms H1 and aligns with the Dynamic Capabilities Theory (DCT)

(Teece et al., 1997), which emphasizes that firms capable of sensing, seizing, and

reconfiguring resources can outperform rivals under turbulent conditions. It also echoes the findings of Morgan et al. (2019), who demonstrated that agile marketing strategies positively influence customer loyalty in volatile markets. Empirically, Bolarinwa and Salau (2023) found that Nigerian FMCG brands that engaged in real-time consumer promotions and flexible pricing during the COVID-19 recession recorded higher retention rates. Practically, examples such as MTN Nigeria's pandemic-era data bundle restructuring and Indomie's 'sachetisation' strategy reflect adaptive marketing responses that sustained consumer trust and loyalty amid economic hardship.

As a researcher, I argue that such outcomes underscore the necessity for marketing resilience in recession-prone contexts. The ability to dynamically align marketing strategies with changing consumer expectations is not a competitive advantage, but rather a survival necessity in Nigeria's inflationary and unstable economy.

4.4 Mediation via Consumer Behaviour

The mediating role of Consumer Behaviour (CB) was empirically validated, with results showing a significant indirect effect of DMS on CR through CB (indirect $\beta = 0.15$, $p < 0.001$). This supports H3, confirming a partial mediation, as DMS still had a direct significant effect on CR.

This result reflects the psychological and behavioural adjustments consumers make during recessions—such as shifting to value brands, delaying purchases, and becoming more deal-conscious (Sheth, 2020; Ahmed & Hassan, 2023). These behavioural adaptations function as a channel through which strategic marketing actions influence outcomes.

Theoretically, this confirms the proposition of Sheth's model of crisis consumption and supports the stimulus-organism-response (S-O-R) framework,

where consumer cognition (organism) mediates external stimuli (marketing strategy) and outcomes (retention). Firms that incorporate value-based messaging, empathetic communication, and price elasticity considerations, based on such consumer behaviour shifts are more likely to retain market share.

From a practical perspective, Nigerian brands that adjusted their product messaging to resonate with hardship narratives or embraced community-based marketing (e.g., Airtel Nigeria's "touching lives" campaign) saw better consumer loyalty outcomes. This proves that effective marketing is not merely promotional, it is empathetic and responsive

4.5 Moderation by Organisational Capabilities

Organisational Capabilities (OC) significantly moderated the effect of DMS on CR ($\beta = 0.28$, $p = 0.008$). This finding supports the RBV (Barney, 1991), which suggests that firm-specific resources, such as analytics systems, skilled personnel, and agile decision-making structures enhance the effectiveness of strategy implementation. Even when firms adopt similar marketing approaches, outcomes vary depending on their internal ability to execute. Therefore, strategic responsiveness must be supported by organisational depth to deliver consumer retention benefits during recessions.

While moderation was tested as an exploratory analysis and found statistically significant ($\beta = 0.28$, $p = 0.008$), the main theoretical focus remains on the mediating mechanism. Nonetheless, the significant moderation effect supports insights from the Resource-Based View (RBV) (Barney, 1991), which argues that firm-specific assets, such as strategic leadership, digital infrastructure, and operational agility amplify the impact of externally focused strategies. Two firms may adopt similar dynamic marketing strategies, but the

presence or absence of internal execution capacity explains why outcomes differ.

Empirically, Okorie and Ibrahim (2023) observed that Nigerian firms with superior data analytics and agile team structures were quicker to localize marketing campaigns and pivot during crises. Practically, this means that even the best marketing plans may fail if execution is not backed by organisational preparedness.

As a scholar, I emphasize that moderation by OC highlights the conditional nature of strategic success—strategy alone is not sufficient; it must be contextualized within organisational realities. Therefore, future studies may choose to develop this moderation angle further, though in the present study, it serves as a reinforcing lens to understand strategic variability across firms.

4.6 Sectoral Implications

Although the statistical model controlled for industry sector, nuanced sectoral interpretations emerged that deepen understanding of strategic responsiveness in recessionary contexts. In the FMCG sector, firms effectively leveraged cost-sensitive tactics such as value packs, discounts, and loyalty programs. These high-volumes, low-margin strategies resonated with consumers prioritizing affordability, reinforcing the sector's reliance on price-based competitiveness during downturns. By contrast, telecom firms relied heavily on digital engagement, using tools like personalized SMS campaigns, mobile apps, and data-driven loyalty offers to sustain consumer interaction. These strategies aligned with the sector's digital infrastructure and tech-savvy consumer base. In retail, firms adopted a hybrid strategy, integrating in-store promotions with online discounts to maintain engagement across multiple touch points. This omni-channel approach proved moderately effective, particularly among consumers with fluctuating preferences between physical and digital

purchasing. Across all sectors, the ability to translate strategic intent into effective consumer engagement hinged on organisational capabilities, especially data interpretation, execution speed, and interdepartmental coordination. These findings emphasise that sector-specific configurations, when informed by firm-level capabilities, offer the most viable pathway to consumer retention during economic shocks.

5. Conclusions and Recommendations

This study investigated how firms operating in Nigeria's recession-prone consumer sectors - FMCG, telecommunications, and retail strategically deploy dynamic marketing configurations to retain customers under economic distress. Drawing from the Dynamic Capabilities Theory (Teece, 2007) and the Resource-Based View (Barney, 1991), the findings demonstrate that firms capable of sensing, seizing, and transforming marketing resources in alignment with consumer behaviour are more resilient to economic downturns. The structural model confirmed that dynamic marketing strategies significantly enhance consumer retention, particularly when mediated by adaptive consumer behaviour and moderated by internal organisational capabilities.

Moreover, sectoral insights indicate that the effectiveness of dynamic strategies is context-sensitive: while FMCG firms benefit more from price-driven promotions, telecoms rely heavily on digital engagement, and retail firms succeed through omni-channel coordination. These patterns reinforce the need for sector-specific strategy design rooted in internal capabilities and market intelligence. Overall, the study affirms that competitive advantage during recessions is not solely a function of external adaptation but also of internal resource configuration and strategic responsiveness.

Policy Implications

The findings of this study highlight the need for firms to institutionalise real-time market intelligence systems to track evolving consumer preferences during economic downturns. Tools such as CRM platforms and digital feedback loops can help firms anticipate shifts in consumer sentiment and purchasing behaviour. While smaller firms may face resource constraints, partnerships with analytics service providers or industry associations can enable shared access to market insights.

Firms should also prioritise adaptive marketing strategies that align with changing economic conditions. Cost-effective product variants, localised digital promotions, and mobile-based loyalty programmes can enhance consumer engagement and retention. However, successful implementation depends on internal coordination and an agile culture. Leadership support and targeted staff training are essential to overcoming resistance to strategic change.

From a policy standpoint, governments and regulatory bodies can play a catalytic role by offering tax incentives or innovation grants to encourage investment in marketing adaptation. Establishing industry-specific resilience funds or collaborative innovation hubs can support firms in developing recession-proof capabilities. Ensuring transparency and

accessibility in policy frameworks will enhance firm participation.

At the industry level, professional associations such as the Manufacturers Association of Nigeria (MAN) and the Nigerian Marketing Research Association (NiMRA) should spearhead capacity-building initiatives. Modular training in strategic agility, digital marketing, and consumer analytics can equip firms with the skills needed to respond effectively to market volatility. Delivering these programs through hybrid formats can improve accessibility across different firm sizes.

Finally, business schools and training institutions should revise their curricula to reflect the realities of marketing under economic stress. Incorporating practical modules on crisis-responsive strategy, consumer psychology, and digital capability development will prepare future managers for uncertain market environments. Collaborative efforts between academia and industry can facilitate this curricular transformation and ensure practical relevance.

In summary, these policy and managerial recommendations emphasise the importance of strategic responsiveness, institutional support, and capacity development in enabling firms to navigate recessionary pressures while maintaining consumer loyalty.

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